



Dear Reader,

What an exciting and busy couple of months it's been for us at DJO International.

It was great to see some of you at the AAOS Congress in March where we introduced the 'new' DJO and enjoyed making new acquaintances and meeting old friends. We were also delighted that the Achilles Tendon consensus and the PF consensus meetings were both so well attended and have led to some [interesting publications](#).

Behind the scenes, too, we have been hard at work ensuring that all our valued customers fully benefit from the total integration of DJO and ReAble Therapeutics.

The DJO promise to "Never Stop Getting Better" has, we believe, resulted in a true **"House of Quality Brands"** that will be able to offer you a complete and **"Total Solution"** for the treatment of your patients. Click [here](#) for our new mission statement.

In this Edition of our E-Newsletter we highlight the transition of ENCORE to DJO Surgical, DJO's [newest division](#) and we discuss the integration of ORMED and DJO (Germany) into the new entity [Ormed.DJO](#).

This month's Q&A interview, where we always focus on the work and life of young, driven researchers, is about [Sara Van Deun](#), a Physical Therapist with a Masters Degree in Physical Therapy. She gives us insight into her fascinating PhD studies at the University of Leuven which concentrate on strategies for postural control in subjects with lower extremity injuries, with the main focus of her doctorate being on chronic ankle instability.

We all value "evidence-based" treatments and products, and in our R&D section we highlight a study showing the effectiveness of our newly launched post-op shoe, the [Podalux](#) along with an interesting study on the [Aircast Walker](#).

The MX season and Grand Prix Series kicked off two weeks ago in Valkenswaard, Netherlands on 6th April followed by Bellpuig in Spain on the 20th. Click [here](#) to download a MX Calendar. For those of you who would



like to see our products in a unique and very exciting environment, where wearers, machines and braces are all tested to the extreme, do please come and experience a day at the races courtesy of DJO. Click [here](#) for tickets.

The aim of this newsletter and indeed our entire "on-line" offering is to ensure

that our customers and supporters get the best possible experience from DJO. We are delighted, therefore, to inform you that this month our new [Spanish](#) and [Swedish](#) websites have gone live.

"Bienvenido" and "Välkommen" to you all!

We feel that offering people information in their own language is important. Our International website is a great communication platform

Meet DJO at

- May 08-10, Nice Shoulder Course, Nice, France
- May 21-24, ESSKA, Porto, Portugal
- May 22-25, 81st Annual Congress of Japanese Orthopaedic Association, Sapporo, Japan
- May 29- June 01, 9th EFORT Congress, Nice, France
- June 4-8, WUWHS2008, Toronto, Canada
- More events...

Talking Point

Do you think the conservative management of an isolated PCL injury is the preferred treatment?

Give us your opinion!

In our winter edition we asked you:

In case of acute anterior shoulder dislocation, do you feel 15 or more degrees of external shoulder rotation is beneficial to prevent subsequent episodes of anterior shoulder dislocation?



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that we will update as we move forward. Let us know what you think. We welcome all feedback!

Finally, I want to invite you to come and find us in Porto at the ESSKA Congress where we will be introducing our new LATEX-free, high-quality knitted elastic product range together with our "new-to-the-world" PCL post-op knee brace. And there's an additional benefit for all attending ESSKA members: you will receive a free copy of our inaugural DJO publication, "[Current Concepts in Achilles Rupture](#)", in exchange for the voucher that you will find in your congress bag.

We look forward to seeing you at ESSKA in Porto.

Yours sincerely,



Lieve Vanden Berghe
DJO Vice-President, International Marketing

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IN THE SPOTLIGHT

Encore Medical, L.P. joins DJO and becomes DJO Surgical



We are delighted to announce that as part of our merger with ReAble Therapeutics in November 2007, Encore Medical, the global supplier of reconstructive total joint implants for the hip, knee and shoulder has been renamed **DJO Surgical**. Surgical implants have been the focus of Encore's product development since its formation in April 1992, when several executives with significant experience in the orthopaedics industry merged with a small equipment manufacturer of orthopaedic implants and related instruments. Encore's first product, the Foundation® Knee System, was introduced in Europe in late 1992 and in the United States in February 1993. They also obtained registration for this product in Japan, where sales began in late 1994. Since then they have developed over 100 additional orthopaedic total joint products, trauma products, spinal products, to meet the wide-ranging needs of patients and surgeons around the world.

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Q & A SESSION

Sara van Deun, PT PhD student from a Leading Belgian University



Sara van Deun (29) studied Physical Therapy at the [University of Leuven](#) in Belgium, graduating in 2000. She went on to complete a Masters degree in Manual Therapy, also at Leuven, in the following year. The prestigious Catholic University of Leuven, which dates from 1452, is a world renowned centre of excellence for the teaching and research of Musculoskeletal and Rehabilitation Sciences. Sara is currently engaged in clinical work at the University Hospital in Leuven. She also teaches on both the undergraduate and masters programmes of the university's Faculty of Kinesiology and Rehabilitation Sciences. Her own PhD studies concentrate on strategies for postural control in subjects with lower extremity injuries, with the main focus of her doctorate being upon chronic ankle instability.

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RESEARCH FROM THE FIELD

Walkers good alternative for post-op stability treatment



We thought you'd be interested to hear about a study that was published in April's issue of [Foot & Ankle International](#) which compared post-operative sagittal plane stability treatment options between a traditional fibreglass cast and a range of pneumatic walkers. Understanding the importance of the stability of postoperative immobilisation following foot and ankle surgery and observing an increase in the use of braces, researchers from the Dept. of Orthopedic Surgery at the University of Michigan set out to evaluate the sagittal plane range of motion allowed in different types of walkers in comparison to a fibreglass cast.

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DJO PARTNERSHIP PROGRAMMES



DJO supports the Great Britain Ultimate Frisbee squad as they prepare for the World Championships in Vancouver

DJO sponsorship will help [Great Britain ultimate players](#) stay on the field at this summer's [World Championships](#) in Vancouver. Ultimate (often called "Ultimate Frisbee") is a fast-moving team sport played by millions across the World. At the highest level the game demands speed, agility and endurance. And now GB – already dominant in Europe – are looking to test themselves against the best in the World.

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International PF experts meet at AAOS

by John Fulkerson M.D.

At the annual meeting of the American Academy of Orthopedic Surgeons in San Francisco, California on March 6, 2008, DJO and the [Patellofemoral Foundation](#) co-hosted a meeting with the [International Patellofemoral Study Group](#) to help work out areas of "general agreement" regarding the patellofemoral joint.

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DJO COMPANY NEWS

Podalux Promotes 'Natural' Gait



In support of the recent launch of the [Podalux](#) post-op shoe, DJO decided to conduct a comparison study on the biomechanical effect of wearing a post-op shoe on the foot loading and motion. There were questions that we wanted to answer on the best post-op protection following forefoot surgery, more specifically the effects of current products of the first metatarsophalangeal joint (MTPJ), and also how the currently available products compared to the Podalux. With this in mind we took our products to the University of Central Lancashire to request testing by Jim Richards, Professor of Biomechanics.

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DJO unites with Ormed to create the new Ormed.DJO

Two leading names in the fields of orthopaedics and rehabilitation were finally united on 9th April 2008, under the new banner of [Ormed.DJO](#). Rüdiger Hausherr, President of the new company, created by the merger of DJO Germany and Ormed GmbH, welcomed the wide-ranging synergies of the union, which has created one of Europe's largest, and most technically advanced, integrated providers of both products and services for orthopaedic and vascular rehabilitation. At the press conference, Herr Hausherr welcomed DJO's Chief Executive Officer Les Cross, Dr Heinz-Jürgen Eichhorn chief medical officer of Klinik St. Wolfgang, Bad Griesbach and partner of Sporthopaedicum Straubing, Dr Andree Ellermann chief medical officer of Pforzheim's Arcus Sportklinik and Markus Baur, captain of TBV Lemgo, this year's World Champion hand ball team.

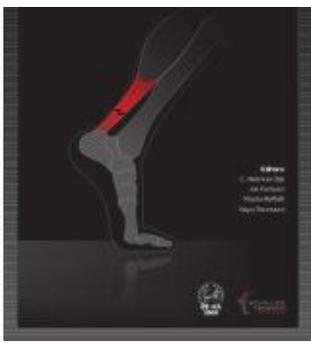
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DJO books a place in publishing

As announced in our last newsletter, we have recently launched our new medical publishing house, DJO Publications.

DJO's mission is to improve lives by developing medical devices that become the standard of care in





the prevention, treatment and rehabilitation of musculoskeletal conditions. With **DJO Publications** we aim to assist the medical professional to communicate their views and knowledge on what they see as the current "Standard Approach" and "Standard of Care" on different indications throughout the medical world.

DJO has drawn on its reputation to bring some of the World's leading experts together with a view to discussing current consensus (or controversy) and a global approach to an orthopaedic or medical problem. The result of their discussions will be compiled by DJO Publications into a top-quality publication.

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SPEAKERS' CORNER

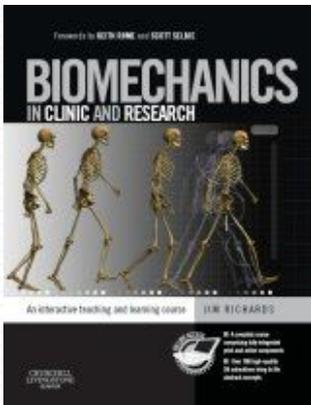


The world of Orthopaedic Foot and Ankle Surgery has come full circle! By Dr Michael Lutz MBBS(Qld) FRACS(Orth)

"In 2001, Mr James Calder travelled to Brisbane, Australia to undertake Orthopaedic sub-specialty training in Foot and Ankle Surgery. He completed Fellowship training with Dr Terry Saxby at the Brisbane Foot and Ankle Centre before returning to the United Kingdom to commence his own Consultant Orthopaedic practice specialising in Foot and Ankle Surgery.

In 2007, I completed the circle, leaving Brisbane to undertake a Fellowship in Foot and Ankle Surgery with Mr Calder at The Hampshire Foot and Ankle Centre and the North Hampshire NHS in Basingstoke and the The Sports Orthopaedic Centre in London. The Fellowship is generously funded by DJO. In July 2008, after completing another Fellowship with Dr Mark Myerson in Baltimore, USA, I will return to Brisbane to commence a Consultant Orthopaedic practice specialising in Foot and Ankle Surgery at St Andrew's War Memorial Hospital.

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New Unique Text Book and Online Course on Clinical Biomechanics

Over the years many clinicians have commented about the increase in the need for what is described as Evidence Based Practice or Evidenced Based Medicine. The two main problems in physical therapy are: the reproducibility of measurements of effectiveness and the clinical relevance of the measures made. So the questions that need to be asked of biomechanics are: Can biomechanics offer new and sensitive measures of assessment? Can biomechanics assess the effectiveness of different treatments? Can biomechanics offer immediate, informed, and direct feedback to clinical practice?

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TESTIMONIAL



photo: Courtesy of Marathonfoto

"It's the support that keeps me going"

For John Sandford Hart, it is the cheering crowds who line the 26.2 miles of the London Marathon course which make the day itself and the grueling challenge all worthwhile.

"I'm always floored by the amount of support I seem to get on my way round. It's like a Mexican wave from start to finish." John's surprise is not the only remarkable thing about this 42-year old from Hampshire. The 2008 London Marathon was the third of a projected 10 races he has now completed on crutches, raising thousands of pounds for charity, since his right leg was severed at the knee in a high speed power boat accident in 2002.

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